




December 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chili Corn Spinach Pineapple	2 Rosemary Pork With Gravy Red Bliss Potatoes Carrots Fruit Jell-O
5 Lasagna Green Beans Yellow Squash Apricots	6 Broccoli & Egg Bake Hash Browns Warm Applesauce Blueberry Muffin	7 Baked Fish With Creamy Dill Sauce Baked Potato Butternut Squash Pistachio Pudding	8 Beef Pot Roast Mashed Potato Mixed Vegetables Pears	9 Herb Chicken With Gravy Brown Rice Vegetable Trio Peaches
12 Chicken Cacciatore Rice Brussels Sprouts Fruit Cocktail	13 Beef Stroganoff Buttered Egg Noodles Peas Mandarin Oranges	14 Grilled Chicken With Gravy Mashed Sweet Potato Broccoli Chocolate Chip Cookie	15 Herb Encrusted Fish Red Bliss Potato Carrots Honeydew Melon	16 Stuffed Pepper Beets Warm Cornbread Pears
19 Salisbury Steak With Gravy Mashed Potatoes Wax Beans Tropical Fruit	20 Spaghetti With Meatballs Italian Blend Vegetables Pineapples	21 Christmas Special Stuffed Pork Roulade Garlic Mashed Potatoes Peas with Onions Cherry Pie	22 Chicken Ala King Rice Broccoli Apricots	23 NO MEAL PROGRAM SENIOR CENTER IS OPENED
26 Closed For Christmas	27 Roast Beef With Gravy Mashed Potatoes Brussels Sprouts Fruit Cocktails	28 Macaroni & Cheese Zucchini & Tomatoes Cauliflower Yogurt	29 Italian Stew Rice Spinach Peaches	30 New Years Special Pork Pot Roast Buttered Egg Noodles Peas & Carrots

Lunch reservations are required by noon on the previous day. LUNCH IS SERVED AT NOON. *Diabetics will receive substitutes. No substitutes for food allergies. There is a suggested \$2.00 donation. A \$6.00 fee for those under 60. Make checks payable to: Prestige Service, Inc. Served daily: coffee, tea, milk and margarine.

DAYS TO REMEMBER

Every Monday	9:00AM	Painting Class
	9:45AM	Osteoporosis Class
	11:30AM	Poker
Every Tuesday	9:00AM	Woodcarving
	9:45AM	Balance & Range
	10:30AM	P.A.C.E. Class
	12:30PM	Pinochle
	1:30PM	Informal Painting
Every Wednesday	9:45AM	Osteoporosis Class
Every Thursday	9:00AM	Crafts
	9:15 AM	YOGA
	9:45AM	Aerobics
	10:30AM	P.A.C.E. Class
	2:00PM- 3:30 P.M.	Beginner-Intermediate Line Dancing
Every Friday	9:30AM	Quilting Class
	12:30PM	Mah Jongg
	12:30PM	Scrap Booking Class
	12:30PM	Domino's

Halfmoon Senior Citizen Assoc., Inc.

Director: Eileen Pettis

Administrative Assistants:

Cate Thomsen
Pat Tompkins

President: Nancy Morris

Board of Directors

Gary Shellenbarger	Tom Thomsen
Rosemary Herbert	Ruth Smalley
Cindy Ferjanec	Joyce Michaud
Dick Sawyer	Michael Cavanaugh
Corey Custer	Kathy DeVoe
Kate Jeanson	Nancy Morris

Senior Center Advocate
Lynda Bryan

Halfmoon Senior Express
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